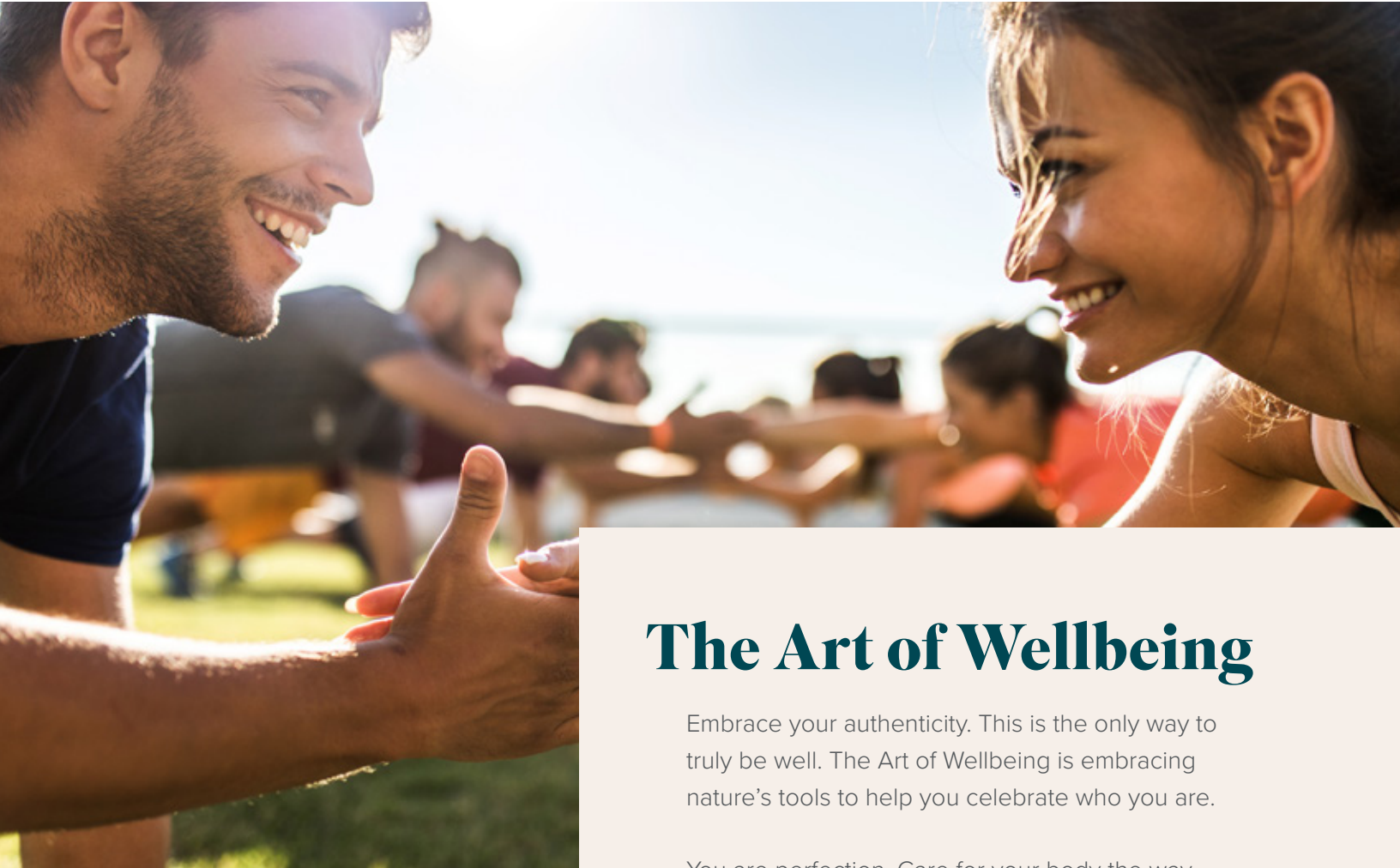




A Guide to Better

Products for Wellbeing Winter/Spring Edition



The Art of Wellbeing

Embrace your authenticity. This is the only way to truly be well. The Art of Wellbeing is embracing nature's tools to help you celebrate who you are.

You are perfection. Care for your body the way an artist brings creation to life. Live with intent, with joy, with love, with purpose.

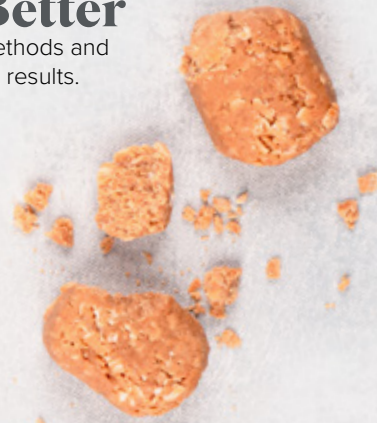
This is the Art of Wellbeing™. Be well today.

Wellbeing working together

All successes, no matter what their size, are big wins. From weight goals to mental wellbeing, it's all connected. See what's possible with the Art of Wellbeing.

Eat Better

Simple methods and proven results.



Feel Better

Have it all: whole-body health and total peace of mind.



Move Better

From walkers to runners and dancers to powerlifters, a stronger tomorrow starts today.



Look Better

Self-care that revitalizes for confidence that shines.



eat better



To nourish your body is a gift. Only you get to decide what's best to feed it. When you eat better, you're choosing to prioritize your health over everything else. Because when you put your nutrition first, everything else comes easily. Clean, protein-powered, and grateful. **This is the way to eat better.**



Basic Pack With Energy Boost

Get ready for complete wellness solutions in the simplicity of a 30-day pack. All your familiar favorites from the Basic Pack, plus an energy boost to help you power through your busy schedule. Enjoy our core essential wellbeing products on your way to looking and feeling your best!

Your shipping? It's covered — pay nothing!

- 4 Whole Blend IsaLean® Shake bags.
- 1 Snack Bites.
- 1 Ionix® Supreme.
- 2 Cleanse for Life®.
- 1 Natural Accelerator™.
- 1 IsaFlush®.
- 1 e+™.



Premium Pack

Premium means everything you'll need for a full month of weight loss wins. Even the blender. This is the whole kit and caboodle for wellbeing. You'll get the entire dream team. Every product in this pack works together to give you optimal results and help you achieve your goals.

- 4 Whole Blend IsaLean Shake bags.
- 1 PROMiXX® Blender.
- 1 PROMiXX Shaker Bottle.
- 1 Ionix Supreme.
- 1 Cleanse for Life.
- 1 Snack Bites.
- 1 Natural Accelerator.
- 1 IsaFlush.
- 1 e+.
- 1 Whey Thins™ or Harvest Thins™.
- 1 IsaDelight® Chocolate.
- 1 Sample Pack.



IsaLean Shake

Eat clean, look lean, and sip your way to maximum nutrition. IsaLean® Shake is a superfood shake in two scoops full of essential nutrients and made with whey.

- Whey protein from pasture-raised cows
- Active enzymes to aid digestion.
- 24 grams of protein to help boost performance and build strong muscle.
- Contains branched-chain amino acids.
- No artificial flavours, colours, or sweeteners.



Creamy Dutch Chocolate



Creamy French Vanilla



Strawberry Cream



Chocolate Mint



Natural Creamy Vanilla - Kosher



Birthday Cake Flavour



Gluten-Free



Non-GMO



Soy-Free

Whole Blend IsaLean® Shake

A delicious complete shake packed with essential vitamins and minerals sourced from whole food vegetables to support a healthy and balanced lifestyle.

- Whey protein from pasture-raised cows.
- 24 grams of protein to help boost performance and build strong muscle.
- Vitamin diversity sourced from whole foods.
- Naturally sweetened with honey and molasses.
- Contains branched-chain amino acids.
- No artificial flavours, colours, or sweeteners.



Creamy Dutch
Chocolate



Creamy French
Vanilla Flavour



Strawberry
Cream
Flavour



Birthday
Cake Flavour



Gluten-Free



Non-GMO



Soy-Free



Plant-Based Whole Blend IsaLean Shake

Plant-Based Whole Blend IsaLean® Shake is the vitamin-rich superfood shake that delivers balanced nutrition.

- 24 grams plant-based protein from fava beans, mung beans, and peas.
- 21 vitamins and minerals sourced from whole vegetables
- Naturally sweetened with molasses.
- Contains branched-chain amino acids.
- No artificial flavours, colours, or sweeteners.



Rich Chocolate



Vanilla Chai Flavour



Strawberry Flavour



Dairy-Free



Gluten-Free



Non-GMO



Soy-Free



Vegan



Natural Accelerator

Balancing your wins? Natural Accelerator™ is thermogenic, help with safe and natural thermogenic ingredients.

- Supports performance to help, making it a great choice for intermittent fasting.
- Contains green tea, cayenne, and cacao seed.
- Everyday support. No need to slow down — Natural Accelerator is safe to use any day, not just on fasting days.



Dairy-Free



Gluten-Free



Soy-Free



Vegetarian



IsaComfort

IsaComfort® is gentle digestive support. Stay in harmony whether it's a Cleanse Day or just a typical day.

- A balanced digestive system means your body is better able to eliminate toxins.
- Absorb what's good. A happy, healthy gut takes in more of the good stuff.
- Fasting's friend. It's good to have friends. Intermittent fasting, meet IsaComfort.



Dairy-Free



Gluten-Free



Soy-Free



Vegetarian

Eat Better – System



IsaLean Bar

The nutrition of IsaLean® Bar helps you stay on track even during busy days. You're going places. Now you can go even further. Packed with protein, this bar will help you crush your goals for muscle building.

- No artificial sugars. Just the perfect balance of protein, fats, and carbohydrates.
- Protein helps you crush goals and build strong muscles.
- Epic convenience. Individually packaged to go wherever you go.
- Pick your protein. Comes in whey and dairy free, plant-based versions.



Chocolate Decadence



Lemon Passion Crunch



S'more Flavour



Whey Thins

Perfectly packaged for craveable control in a 100-calorie bag, Whey Thins™ have the good fats, carbs, and protein to keep you going. Three popular flavours keep your tummy satisfied and your taste buds energized.

- Individually packaged for convenient snacking.
- Snack time salvation. Savory, crispy, and irresistible.
- Intermittent fasting? Here's a high-protein snack to help you feel fuller, longer.
- Good fats and carbs and plenty of protein.
- Savory satisfaction. Your favorite flavours made right. We see you, Sour Cream & Chive, Barbecue, and White Cheddar.



Sour Cream & Chive



Barbecue



White Cheddar



Gluten-Free



Soy-Free



IsaDelight Chocolate

Chocolate is essential. Why pretend otherwise? Time to give up on deprivation dieting and give in to delicious. Fortunately, IsaDelight® Chocolate is the right kind of delicious — it's kind to you by helping you stay on track and indulge in one of life's greatest joys.

- Intermittent fasting days? Gym days? You can enjoy IsaDelight Chocolate every day — no matter what.
- Zero artificial flavours, colours, or sweeteners.
- Helps satisfy cravings.
- 45-70 calories per square (11.4 g).
- Amazing flavours like Milk Chocolate With Peanut Butter Cup Flavour and Milk Chocolate With Sea Salt & Caramel Flavour.



Milk Chocolate



Dark Chocolate



Dark Chocolate
With Mint
Flavour



Milk Chocolate
With Sea Salt &
Caramel Flavour



Milk Chocolate
With Peanut
Butter Cup
Flavour



Not a low-calorie food.



Collagen Bone Broth

Enhance your natural beauty from the inside out. Collagen Bone Broth can positively support collagen production that naturally declines as we age and helps keep you satisfied on Cleanse Days. Our bone broth is infused with collagen peptides and vitamin C, which are crucial to producing collagen and boosting skin health when taken regularly.

- 8 grams of collagen peptides and bone broth protein responsibly sourced. Approved for Cleanse Days
- 45 calories per serving
- No artificial flavours, colours, or sweeteners.



Roasted
Chicken &
Herb Flavour



Gluten-Free



Soy-Free

Complete Essentials With IsaGenesis

Defy age on the daily. Complete Essentials™ With IsaGenesis® offers an optimal intake of vitamins, minerals, and omega-3s in adventure-ready day packs. So convenient and easy to remember!

- Less stress, more bless. Big-time antioxidants from vitamins A, C, and E to fight oxidative stress.
- More than just vitamins and minerals, it even has your omega-3s!
- Cellular health. Complete Essentials With IsaGenesis is a unique blend of bioactive herbs and vitamins that support healthy aging and cell maintenance.
- Mr. & Ms. approved formulas tailored for both men and women.





Immune Shake Booster

What's the best combo for a better immune system? First things first, take care of yourself with a healthy lifestyle. Second thing? Treat yourself to a big scoop of immune system support from beta-glucans and mushrooms. Take your "support in a scoop" because good health has never been more important.

- Just add a scoop to your favorite Isagenix shake. It won't change the flavour, but it could change your life.
- Canada NHP directed for Adults.
- No artificial flavours, colours, or sweeteners.



Dairy-Free



Gluten-Free



Kosher



Soy-Free



Vegetarian

Eat Better – Targeted Immune Support



Greens

Greens from Isagenix makes it incredibly easy to get your veggies and essential nutrients! Enjoy the mild natural fruit flavour as you add it to your favorite drink, shake, or water. And with two whole servings of veggies from non-GMO spinach and kale—plus superfoods for that extra oomph—it's got more nutrition than your typical green drink powder.

- Easy, convenient, tasty. Have a simple scoop for two servings of non-GMO veggie goodness.
- Drinking your veggies is the easiest way to get your superfoods.
- Superfood moringa, one of the most nutrient-dense plants in the world, joins the Greens super fam!
- Family ready. Greens can be consumed by kids ages 4 and up and can be consumed during pregnancy and while breastfeeding.



SuperMix

SuperMix™ is a delicious moringa-enriched beverage that utilizes one of the most nutrient-dense botanicals on Earth, Moringa oleifera and is a source of antioxidants.

- Convenient powdered nutritional beverage that can be added to water.



Dairy-Free



Gluten-Free



Kosher



Soy-Free



Vegan

Eat Better – Functional Superplant Beverage

Xango

Highly nutritious with many essential nutrients, Xango® is the original mangosteen dietary supplement that captures the refreshing, tangy Flavour and natural colours of the mangosteen fruit. Xango's proprietary puree formula uses the whole mangosteen fruit, which contains phytonutrients like xanthenes, flavonoids, and catechins.

- High in bioflavonoids (catechins and proanthocyanidins).



Dairy-Free



Gluten-Free



Kosher



Soy-Free



Vegan

Feel Better – Stress Relief

feel better



Complex? Yes. Full of emotions and the potential for greatness? Indeed. When your body is performing the way you want it to, you can conquer anything. Grounded, confident, and powerful. **This is the way to feel better.**

Total Health and Wellness: 4 Pillars of Health Pack

The Total Health and Wellness: 4 Pillars of Health Pack is the core of Isagenix.

- Cleanse for Life®.
- Ionix® Supreme.
- Complete Essentials™ Daily Pack.
- IsaLean® Shake.



Everyday Health Pack

The Everyday Health Pack helps you build a strong foundation. Lasting healthy change starts with a strong foundation, and the Everyday Health Pack is here to help you build just that.

- IsaLean Shake for maximum nutrition.
- Ionix Supreme, nature's answer for optimal health.
- Cleanse for Life, a nutrient-dense tonic, to support your body's natural detox systems.
- PROMiXX® Shaker Bottle for super-smooth shakes.



Feel Better – Whole Body System



Cleanse for Life

Own fast days (or any day) with Cleanse for Life®, a detox drink full of superfood nutrients. Make fast day the best day as you cleanse, detox, and burn stubborn fat.

- Packed with superfoods: Peppermint, aloe vera, turmeric, licorice root, bilberry, and more.
- Perfect for Cleanse Days or any day needing a refresh and reset.
- Fast-friendly. Doing intermittent fasting? Here's your first mate.



Peach
Mango



Natural Rich
Berry



Dairy-Free



Gluten-Free

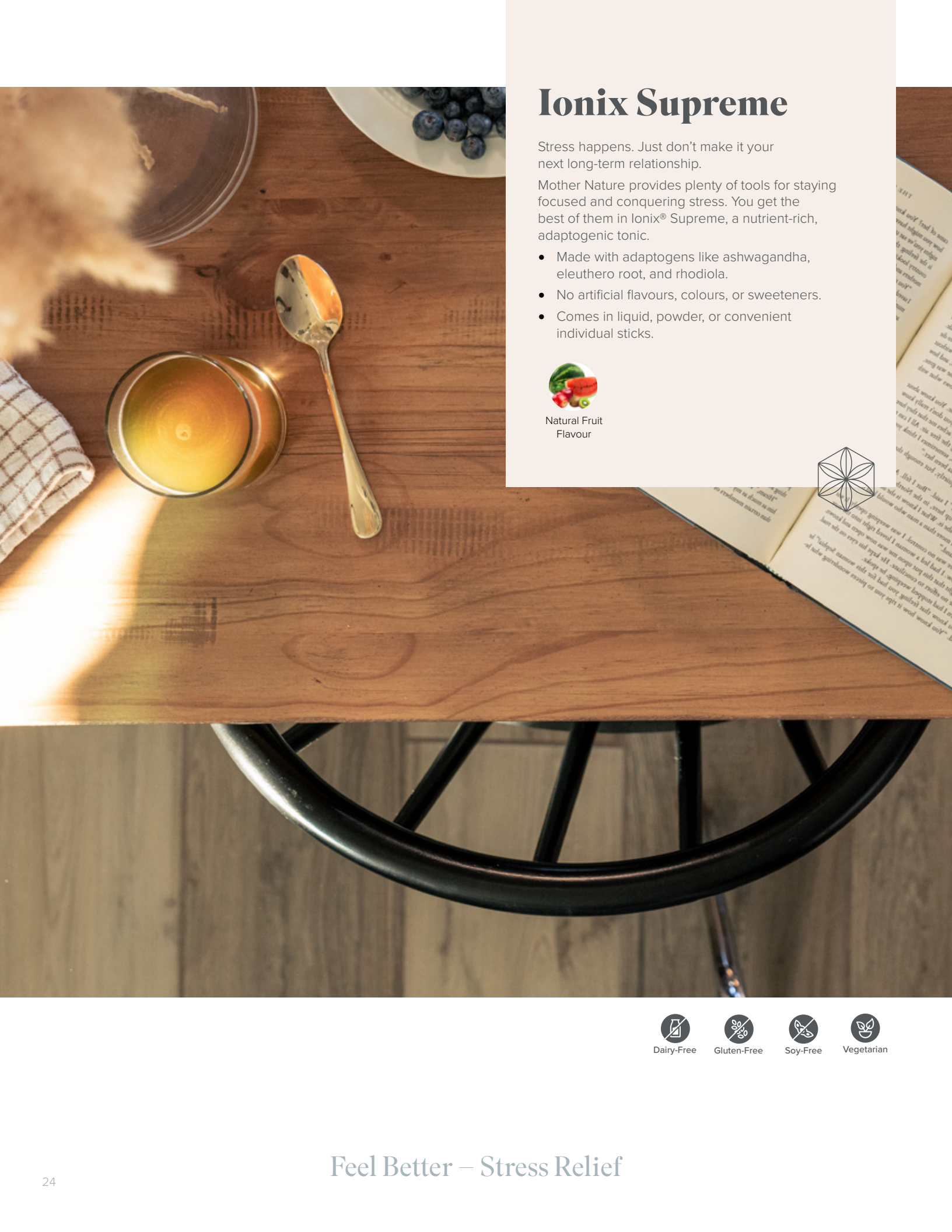


Soy-Free



Vegetarian

Feel Better – Targeted Cleanse Support



Ionix Supreme

Stress happens. Just don't make it your next long-term relationship.

Mother Nature provides plenty of tools for staying focused and conquering stress. You get the best of them in Ionix® Supreme, a nutrient-rich, adaptogenic tonic.

- Made with adaptogens like ashwagandha, eleuthero root, and rhodiola.
- No artificial flavours, colours, or sweeteners.
- Comes in liquid, powder, or convenient individual sticks.



Natural Fruit Flavour



Dairy-Free



Gluten-Free



Soy-Free



Vegetarian

Feel Better – Stress Relief



IsaGenesis

We all try, but we still haven't managed to stop time. We made IsaGenesis® instead. It's more telomere support for your cells because cellbeing is wellbeing. Here's to aging youthfully.

- IsaGenesis helps protect telomeres for optimal cell function.
- Healthy cells mean more healthy-aging benefits to vital organs and a stronger immune system.
- Imagine the last time you felt your best. Now imagine feeling that way more often. That's better health with IsaGenesis.



Feel Better — Targeted Support — Aging

e+

Your long search for energy is over. e+™ is a plant-based energy shot with naturally sourced caffeine, epic adaptogens, and no synthetic sugars. We call it elevated energy. Fuel up on the good stuff.

- Do more. Fuel your workout and your everyday life.
- Get through midday without hitting a wall.
- No artificial flavours, colours, or sweeteners.
- Sustain. Crashing and burning is for dating apps, not your energy shot.
- Share the Shot®.
A movement so rad it got trademarked.



Apple
Pomegranate
Flavour



Lemon Lime
Flavour



Raspberry
Flavour



Dairy-Free



Gluten-Free



Soy-Free



Vegetarian

Feel Better – Energy



XM+

XM+® combines the abundant nutrition of *Moringa oleifera* with ingredients that provide natural energy and boost performance.

- Helps promote alertness and wakefulness.
- Supports cognitive performance.
- Helps promote endurance and motor performance.
- Contains natural caffeine found in many plants, leaves, beans, and fruits.
- Delivers temporary fast-acting energy.



Dairy-Free



Gluten-Free



Kosher



Soy-Free



Vegan

Feel Better — Targeted Support — Performance

move better



A powerful machine able to touch, create, breathe, command muscles without so much as a thought — this is how you communicate to the world. When you have the ability to move, dance, jump, lift, and celebrate yourself and your power, you can move mountains. **This is the way to move better.**

AMPED Next-Level Pack

The AMPED™ Next-Level Pack delivers what you need before, during, and after your workout. Next level, here you come!

- AMPED Tri-Release Protein blends three protein types to develop lean muscle and enhance strength.
- AMPED Nitro kick-starts workouts to sustain energy and elevate intensity.
- AMPED BCAA Plus fuels muscles with key amino acids during your workout.
- AMPED Repair helps reduce soreness and rebuild muscles to improve recovery.
- AMPED Hydrate delivers advanced nutrition and hydration at any time of day.



Move Better — Fitness Pre, During & Post



AMPED Hydrate

Whether it's running a marathon or just running errands, good hydration is for everyone. Which means the electrolytes, vitamins, and minerals in every sip of AMPED™ Hydrate are made especially for you.

- Get back nutrients and fluids lost during daily activity.
- Satisfy your body's craving for essential vitamins and minerals.
- Ready for anything.
- 0 grams of sugar and 20 calories or fewer.



Blue Raspberry



Coconut



Orange



Lemon Lime



Dairy-Free



Gluten-Free



Soy-Free



Vegetarian



AMPED NOx

AMPED™ NOx is a pre-workout shot that supports nitric oxide production, which increases blood flow and oxygen delivery to cells so your muscles can function efficiently and prevent fatigue.

- Take your training to the next level.
- Support healthy blood flow for delivery of nutrients and oxygen to cells.



Garden Blend



Dairy-Free



Gluten-Free



Soy-Free



Vegan



AMPED Nitro

AMPED™ Nitro helps you and your workouts go: harder, faster, or just a little further. Max your motivation and optimize your exercise with clean active ingredients that make every workout your best one yet.

- Boost muscle power with creatine and betaine.
- Big workout energy with optimal amounts of naturally sourced caffeine and taurine.
- Blended and balanced to support, not overwhelm.



Watermelon



Dairy-Free



Gluten-Free



Soy-Free



Vegetarian



AMPED BCAA Plus

Ever wonder about the people who claim to love their workouts? Us too. But we'll let you in on a little secret: AMPED™ BCAA Plus. Think of it as the loyal best friend your workout deserves.

- Build better. Amino acids help support your lean muscle growth.
- Don't just survive, thrive. Add AMPED BCAA Plus to each workout.



Raspberry
Lemonade



Dairy-Free



Gluten-Free



Soy-Free

look better



You start the day an unfinished canvas. As time ticks on, life leaves its marks upon the surface. But you can end each day fresh and clean to begin anew. When your outside matches the beauty of your inside, self-care gives you the confidence to shine bright. **This is the way to look better.**

Celletoi™ Complete Collection

Capture the beauty that surrounds you. Bring home the entire skincare line and immerse yourself in self-care you can see. Harnesses the power of our cutting-edge Biofirm Complex along with the power of Ceraposome and the Celletoi Botanical Blend. Strong, natural, and elegant. Just like you. Boost muscle power with creatine and betaine.

Includes: Moisturizing Balancing Cleanser, Advanced Youth Serum, Cashmere Firming Cream, Restorative Eye Treatment

- Reduces the appearance of fine lines and wrinkles.
- Helps improve skin elasticity for a supple and firm complexion.
- Deeply hydrates and moisturizes the skin.
- Helps shield and defend against environmental damage and pollution.



-  Cruelty Free
-  No artificial fragrance / dyes
-  No parabens, sulfates, phthalates
-  Third-party clinically tested
-  Dermatologist Tested
-  Vegan

Collagen Elixir

Glow radiantly, live beautifully. Infused with an innovative blend of marine collagen peptides and powerful botanicals, Collagen Elixir™ indulges your skin with both beauty and nourishment from the inside out.

- Helps reduce the appearance of fine lines and wrinkles by improving skin elasticity with 5 grams of marine collagen peptides.*
- Maintain a more youthful appearance with increased collagen production.*
- Protect against the damaging effects of photoaging.*
- Enjoy an excellent source of vitamin C, zinc, and biotin.*
- Boast a healthy glow with a powerful beauty blend of superfoods.*
- Experience a glow up with extra support for hair and nails.*
- Taste the glow of wild berries and hints of sweet botanicals.



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Dairy-Free



Gluten-Free



Non-GMO



Soy-Free

Look Better – Skin & Beauty



This product guide is not a representation of our entire product offering.

Please use this QR code to view our price list.